

DiLuv Acupuncture

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HEALTH HISTORY QUESTIONNAIRE

Name _____ Date _____

Address: _____

Phone: _____ Email: _____ DOB: ____/____/20____

Chief Concern _____

Other Concerns _____

When did these problems begin? (Be Specific) _____

How do these complaints affect your daily activities?(work, sleep, relationships) _____

Have you been diagnosed? If so, what is the diagnosis? _____

What kinds of treatments have you tried? _____

Are you Pregnant? _____ Do you have a pacemaker? _____

Medical History for the past six (6) months (include dates) _____

Family Medical History & significant illness (please circle) Cancer Diabetes Hepatitis
Heart Disease High Blood Pressure Stroke Rheumatic Fever Seizures Thyroid Disease
Venereal Disease Allergies Asthma Other _____

Surgeries _____

Significant Trauma (auto accidents, injuries, etc.) _____

Your Birth History (prolonged labor, forceps delivery, etc.) _____

Allergies (drugs, chemicals, foods) _____

Medications taken in the last two (2) months (include vitamins, drugs, herbs, birth control and over the counter) _____

Lifestyle / Occupational Stress (chemical, physical etc.) _____

Do you exercise? _____ **How Regularly?** _____ **Describe** _____

Have you ever been on a restricted diet? _____ **What Kind?** _____

Please describe your average daily diet including meals and snacks:

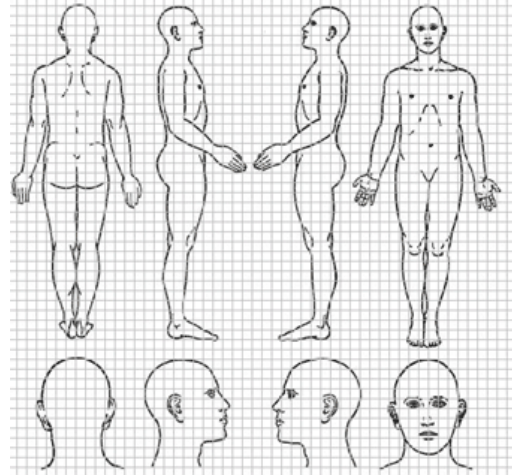
Morning: _____

Afternoon: _____

Evening: _____

Is there anything else you would like us to know about you? _____

Indicate any painful or distressed areas



Please check if you have had within the last three (3) months:

- | | | |
|---|--|---|
| <input type="checkbox"/> Poor appetite | <input type="checkbox"/> Poor sleeping | <input type="checkbox"/> Fatigue |
| <input type="checkbox"/> Fevers | <input type="checkbox"/> Chills | <input type="checkbox"/> Night sweats |
| <input type="checkbox"/> Sweats easily | <input type="checkbox"/> Tremors | <input type="checkbox"/> Cravings |
| <input type="checkbox"/> Localized weakness | <input type="checkbox"/> Poor balance | <input type="checkbox"/> Change in appetite |
| <input type="checkbox"/> Peculiar tastes or smells | <input type="checkbox"/> Weight loss | <input type="checkbox"/> Weight gain |
| <input type="checkbox"/> Sudden thirst (cold or hot drinks) | | |
- Sudden energy drop (what time of day?) _____

SKIN and HAIR

- | | | |
|---|---------------------------------------|---------------------------------------|
| <input type="checkbox"/> Rashes | <input type="checkbox"/> Ulcerations | <input type="checkbox"/> Hives |
| <input type="checkbox"/> Itching | <input type="checkbox"/> Eczema | <input type="checkbox"/> Pimples |
| <input type="checkbox"/> Dandruff | <input type="checkbox"/> Loss of hair | <input type="checkbox"/> Recent moles |
| <input type="checkbox"/> Change in hair or skin texture | | |
- Any other hair or skin problems? _____

HEAD, EYES, EARS, NOSE and THROAT

- | | | |
|--|--|--|
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Concussions | <input type="checkbox"/> Migraines |
| <input type="checkbox"/> Glasses | <input type="checkbox"/> Eye strains | <input type="checkbox"/> Eye pain |
| <input type="checkbox"/> Poor Vision | <input type="checkbox"/> Night blindness | <input type="checkbox"/> Color blindness |
| <input type="checkbox"/> Cataracts | <input type="checkbox"/> Blurry vision | <input type="checkbox"/> Earaches |
| <input type="checkbox"/> Ringing in ears | <input type="checkbox"/> Poor hearing | <input type="checkbox"/> Spots in front of eyes |
| <input type="checkbox"/> Sinus problems | <input type="checkbox"/> Nose bleeds | <input type="checkbox"/> recurrent sore throats |
| <input type="checkbox"/> Grinding teeth | <input type="checkbox"/> Facial pain | <input type="checkbox"/> Sores on lips or tongue |
| <input type="checkbox"/> Teeth problems | <input type="checkbox"/> Jaw clicks | |

HEADACHES? Where and when? _____
Any other head and / or neck problems? _____

CARDIOVASCULAR

- | | | |
|-------------------------|------------------------|--------------------------|
| ___ High blood pressure | ___ Low blood pressure | ___ Chest pain |
| ___ irregular heartbeat | ___ dizziness | ___ Fainting |
| ___ Cold hands or feet | ___ swelling of hands | ___ Swelling of feet |
| ___ Blood clots | ___ Phlebitis | ___ Difficulty breathing |

ANY OTHER HEART OR BLOOD VESSEL PROBLEMS? _____

RESPIRATORY

- | | | |
|--|--------------------|---------------------------|
| ___ Cough | ___ Coughing blood | ___ Asthma |
| ___ Bronchitis | ___ Pneumonia | ___ Pain with deep breath |
| ___ Difficulty breathing when lying down | | |
| ___ Production of Phlegm What color? _____ | | |

Any other lung problem? _____

GASTROINTESTINAL

- | | | |
|--------------------------|---------------------|-----------------|
| ___ Nausea | ___ Vomiting | ___ Diarrhea |
| ___ Constipation | ___ Gas | ___ Belching |
| ___ Black stools | ___ Blood in stools | ___ Indigestion |
| ___ bad breath | ___ Rectal pain | ___ Hemorrhoids |
| ___ Chronic laxative use | | |

Any other problems with your stomach or intestines? _____

GENITO-URINARY

- | | | |
|------------------------|--------------------------|-----------------------|
| ___ Pain on urination | ___ frequent urination | ___ Blood in urine |
| ___ Urgency to urinate | ___ unable to hold urine | ___ Kidney stones |
| ___ decrease in flow | ___ impotency | ___ Sores on genitals |

Do you wake up to urinate? How often? _____

Any particular color to your urine? _____

Any other problems with your genitals or urinary system? _____

PREGNANCY & GYNOCOLOGY

- | | | |
|---|----------------------|------------------------------|
| ___ Number of pregnancies | ___ Number of births | ___ Premature birth |
| ___ Miscarriages | ___ Abortions | ___ Age @ first menses |
| ___ Period between menses | ___ Duration | ___ first day of last menses |
| ___ Unusual character (heavy or light) | | ___ Irregular periods |
| ___ Painful periods | ___ Clots | ___ Last PAP |
| ___ Vaginal discharge | ___ Vaginal sores | ___ Breast lumps |
| ___ Changes to body / psyche prior to discharge | | |
- Do you practice birth control? ___ What type and for how long? _____

MUSCULOSKELATAL

- | | | |
|----------------------|---------------------|----------------------|
| ___ Neck pain | ___ Muscle pains | ___ Knee pains |
| ___ back pain | ___ Muscle weakness | ___ Foot/ankle pains |
| ___ Hand/wrist pains | ___ Shoulder pain | ___ Hip pain |

ANY OTHER JOINT OR BONE PROBLEMS? _____

NEUROPSYCHOLOGICAL

- | | | |
|-----------------------|----------------------------------|---------------------|
| ___ Seizures | ___ Dizziness | ___ Loss of balance |
| ___ Areas of numbness | ___ Lack of coordination | ___ Poor memory |
| ___ Concussion | ___ Depression | ___ Anxiety |
| ___ Bad temper | ___ Easily susceptible to stress | |

Have you ever been treated for emotional problems? _____

Have you ever considered or attempted suicide? _____

Any other neurological or psychological problems? _____

COMMENTS: